

# Neighborhood Emergency Response Team

U.S. Geologic Survey say we are long overdue for a Major rupture of the San Andreas Fault.<sup>1</sup>  
The SoCal Earthquake Center says the San Andreas Fault is "Locked, Loaded and Ready to Roll".<sup>2</sup>  
Fire Departments can handle only 1% of the 1500 collapsed buildings or 1600 major fires predicted<sup>3</sup>  
on Day 1.

Who will rescue you if you're in one of the 300,000 buildings that are severely damaged?  
Who will care for you until hospitals reopen, which may take several days following a major disaster?  
Who will transport you to a hospital if you're one of the 53,000 people needing ER care?

The only people available will be your neighbors. But they can help only if they are trained to do so.  
Are you willing to train to be one of them? If not, then don't expect them to either.  
We will all be in this together, so we all need to train to help each other.

To the end, we are planning a **Neighborhood Emergency Response Team (NERT)** training program for our neighborhood. This program will teach how to:

- Prepare **your** home and families to reduce the likelihood of damage and injury from a disaster.
- Address the conditions which may threaten **your** family's life and health when disaster strikes.
- Determine the severity of **your** family's injuries and how to stabilize them until help is available.
- Determine whether it is safe to remain in **your** home.
- Assess the damage in our neighborhood and send resources where they will do the most good.
- Cordon-off hazardous areas to prevent further injury and loss of life.
- Shut-off compromise utilities before they cause more injury and property damage.
- Suppress small fires and contain large fires.
- Safely and systematically search damaged buildings for victims.
- Detect and stabilize spinal and other critical injuries.
- Extract victims using the same methods and equipment used by Fire Fighters and Paramedics.
- Prioritize casualties for evaluation, treatment and transport.
- Perform Head-to-Toe Evaluations to locate injuries.
- Provide advanced First Aid to stabilize injuries and prevent infection.
- Provide field-level life support until hospitals open.
- Package and transport casualties to hospitals.

Training will be done in Teams. Team requirements and time commitments are listed below.

Team	Requirements	Time Commitment
Command Center	Able to work outside, document & make decisions under pressure.	2 hours.
Damage Survey	Able to walk, look and knock on doors for 2 hours at a time.	2 hours.
Fire Team	Able to run with a 20 lbs extinguisher or fire hose.	2 hours.
Search & Rescue	Able to lift and carry 50 lbs. for 50 feet. (¼ of stretcher w patient)	8 hours.
Medical	Non-hemophobic. Willing to learn and give First Aid.	8 hours.
Transport	Have a truck or van and can drive smoothly.	2 hours.
All Teams Drill		2-4 hours.

Examples of the training can be seen at [www.HilltopHERO.org](http://www.HilltopHERO.org).

Contact \_\_\_\_\_ at \_\_\_\_\_ to sign up for a Team.

<sup>1</sup> <https://earthquake.usgs.gov/learn/topics/safz-paleo/>

<sup>2</sup> <http://www.latimes.com/local/lanow/la-me-in-san-andreas-fault-earthquake-20160504-story.html>

<sup>3</sup> <https://www.youtube.com/watch?v=8Z5ckzem7uA>